

MAKE YOUR CHRISTMAS GIFTS!

Recycle a glass jar* by turning* it into a Christmas present. Here are four sweet ideas for your family... and even for the dog!



Christmas star cookies

INGREDIENTS

- 280g icing* sugar • 300g ground* almonds
- 1 teaspoon* cinnamon* • 4 egg whites, beaten*
- a cookie cutter*

- 1 Preheat* the oven to 120°C. Prepare a baking* tray with baking* paper.
- 2 In a bowl*, mix* 140g of icing sugar with the cinnamon and almonds.
- 3 In another bowl, stir* 140g of icing sugar into the beaten egg whites. Reserve 1 cupful* of egg mix.
- 4 Add* the rest of the egg to the almond mixture. Mix to form a dough*. Cover* and put in the fridge for 1 hour.
- 5 Sprinkle* a surface with icing sugar. Roll* out the dough (7mm thick*).
- 6 Cut* out the cookies and put them on the baking tray. Brush* some of the reserved egg mix on top.
- 7 Bake* in the oven for 20 minutes. Leave* to cool before putting in a jar*.



Lemon* curd

INGREDIENTS

- juice of 2 lemons • zest of 1 lemon • 100g caster* sugar
- 50g butter • 2 eggs, beaten*

- 1 Put the lemon juice, lemon zest, sugar and butter into a Pyrex bowl*.
- 2 Place the bowl in a bain marie and stir* the ingredients until* the butter melts*.
- 3 Add* the beaten eggs and whisk* all the ingredients for 10 minutes.
- 4 Pour* your lemon curd into a jar! Note: keeps* for a week in the fridge.



Chocolate hazelnut spread*

INGREDIENTS

- 80g ground* hazelnuts • 75g icing* sugar • 100g dark* chocolate • 150ml double* cream • 20g cocoa* powder • 1 teaspoon* vanilla extract • 1 pinch* of salt

- 1 Blend* the ground hazelnuts and icing sugar together for 5 minutes.
- 2 Break* the chocolate into pieces. Put in a big bowl*.
- 3 Heat* the cream, salt and cocoa powder in a saucepan*. Stir*. When the mixture bubbles*, pour* it over the chocolate in the bowl. Stir well.
- 4 Add* the hazelnuts and vanilla extract. Pour* your chocolate spread* into a jar! Note: keeps* for a week in the fridge.

Remember to wash and sterilize your jars* ... and decorate them!



Biscuits for your dog

INGREDIENTS

- 250ml water • 1 banana • 1 tablespoon* honey* • 1 teaspoon* vanilla extract • 1 egg • 600g whole* wheat flour • 1 teaspoon baking* powder • cookie cutter*

- 1 Preheat* the oven to 180°C. Grease* 2 baking* trays.
- 2 Mash* the banana in a big bowl*. Add* the water, honey*, vanilla extract and egg.
- 3 Add in the flour* and baking powder. Mix* to form a dough*.
- 4 On a floured* surface, knead* the dough for 5 minutes.
- 5 Roll* out the dough (7mm thick*). Cut* out the biscuits using the cookie cutter*. Put them on the baking tray.
- 6 Bake* the biscuits in the oven for 20 minutes (or until* golden). Leave* to cool.

HELP!

add: ajouter
bake in the oven: faire cuire au four
baking paper: papier cuisson
baking powder: levure chimique
baking tray: plaque de cuisson
beaten (egg whites): battus (montés en neige)

blend: mixer au robot
bowl: saladier
break into pieces: casser en morceaux
brush: badigeonner
bubble: frémir
caster sugar: sucre semoule
cinnamon: cannelle
cocoa: cacao
cover: recouvrir
cupful: tasse de
cutter: emporte-pièce

cut out: découper
dark chocolate: chocolat noir
double cream: crème liquide entière
even: même
dough: pâte
flour: farine
floured surface: plan de travail fariné
grease: beurrer
ground almonds: amandes en poudre

ground hazelnuts: noisettes en poudre
melt: chauffer
heat: chauffer
honey: miel
icing sugar: sucre glace
jar: bocal
keep: se conserver
knead the dough: pétrir la pâte
leave to cool: laisser refroidir
lemon curd: crème au citron

mash: écraser
melt: faire fondre
mix: mélanger
pinch of salt: pincée de sel
pour (into): verser dans
pour (over): verser sur
preheat the oven: préchauffer le four
roll out: étaler, dérouler
saucepan: casserole
spread: pâte à tartiner
sprinkle: saupoudrer

stir: remuer
tablespoon: cuillère à soupe
teaspoon: petite cuillère
thick: d'épaisseur
turn into: transformer en
until (golden): jusqu'à (ce qu'ils soient dorés)
whisk: fouetter
whole wheat flour: farine de blé complet