

PEACH MELBA SMOOTHIE

This smoothie is fruity, creamy and cool.
It's the perfect treat* for June!

INGREDIENTS

- 410g tin* of peach* halves
- 100g of frozen* raspberries*
- A few* extra raspberries to decorate
- 100ml of orange juice
- 150ml of ready-made* custard*
- A blender*

- 1** Drain* and rinse* the peach halves.
- 2** Place the peach halves in the blender with the raspberries.
- 3** Add* the orange juice and the custard and mix together in the blender.
- 4** Put some ice* cubes in two glasses*.
- 5** Pour the mixture into the glasses.
- 6** Decorate with some raspberries.



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HELP!

add: ajouter
blender: robot de cuisine
custard: crème anglaise

drain: égoutter
few (a): quelques
frozen: congelé
glass: verre
ice cubes: glaçons

peach halves: demi pêches (au sirop)
raspberries: framboises
ready-made: prêt à l'emploi

rinse: rincer à l'eau
tin: boîte de conserve
treat: gourmandise